

# Suggested Plants for Blooms Throughout the Seasons

Pollinating insects need food (pollen and nectar) throughout the growing season. This is a selected list of pollinator-friendly perennial plants appropriate for Southern Ontario. For more information on plants and pollinators, visit [www.pollinationguelph.ca](http://www.pollinationguelph.ca).

## SPRING



### American Pasqueflower

*Anemone patens*

Bloom: March-May

Full sun-Part sun

Medium-Dry soil

Height: 0.2-0.3 m (≤1 ft)



### Dutchman's Breeches

*Dicentra cucullaria*

Bloom: April-May

Part sun

Medium soil

Height: 0.15-0.25 m (≤1 ft)



### Large-flowered Bellwort

*Uvularia grandiflora*

Bloom: April-May

Part sun-Shade

Medium-Dry soil

Height: 0.3-0.6 m (1-2 ft)



### Prairie Smoke

*Geum triflorum*

Bloom: May-June

Full sun

Wet-Dry soil

Height: 0.2-0.3 m (≤1 ft)



### Wild Geranium

*Geranium maculatum*

Bloom: April-June

Full sun-Shade

Wet-Dry soil

Height: 0.3-0.6 m (1-2 ft)



## EARLY SUMMER



### False Solomon's Seal

*Maianthemum racemosum*

Bloom: May-June

Part sun-Shade

Medium-Dry soil

Height: 0.3-0.6 m (1-2 ft)



### Foxglove Beardtongue

*Penstemon digitalis*

Bloom: May-July

Full sun-Part sun

Wet-Medium soil

Height: 0.6-1.2 m (2-4 ft)



### Golden Alexanders

*Zizia aurea*

Bloom: May-July

Full sun-Part sun

Medium soil

Height: 0.3-0.9 m (1-3 ft)



### Ohio Spiderwort

*Tradescantia ohiensis*

Bloom: May-July

Full sun-Part sun

Medium-Dry soil

Height: 0.6-1.2 m (2-4 ft)



### Wild Columbine

*Aquilegia canadensis*

Bloom: May-July

Part sun

Medium-Dry soil

Height: 0.3-0.9 m (1-3 ft)



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### Light Conditions

- Full sun: ≥ 6 h direct sun
- Part sun: 4-6 h direct sun, including afternoon sun
- Part shade: 4-6 h direct sun, mostly before midday
- Full shade: < 4 h direct sun

### Height

- Low: < 0.5 m (1.6 ft)
- Med: 0.5-1.5 m (1.6-4.9 ft)
- Tall: > 1.5 m (4.9 ft)

### Moisture

- Wet soil
- Medium soil
- Dry soil

Note: heights and growing conditions are meant to be approximate guidelines

# Suggested Plants for Blooms Throughout the Seasons

As native species, these plants will not require additional water or fertilizer once established in your garden.  
For a list of native plant nurseries, visit [www.pollinationguelph.ca](http://www.pollinationguelph.ca).

## MID-LATE SUMMER



**Black-eyed Susan**  
*Rudbeckia hirta*

Bloom: June-September  
Full sun  
Medium-Dry soil  
Height: 0.3-0.9 m (1-3 ft)



**Butterfly Milkweed**  
*Asclepias tuberosa*

Bloom: June-August  
Full sun  
Medium-Dry soil  
Height: 0.3-0.9 m (1-3 ft)



**Purple Coneflower**  
*Echinacea purpurea*

Bloom: July-August  
Full sun-Part sun  
Wet-Medium soil  
Height: 0.6-1.5 m (2-5 ft)



**Virginia Mountain Mint**  
*Pycnanthemum virginianum*

Bloom: July-September  
Full sun-Part sun  
Wet-Medium soil  
Height: 0.6-0.9 m (2-3 ft)



**Wild Bergamot**  
*Monarda fistulosa*

Bloom: July-September  
Full sun-Part sun  
Medium-Dry soil  
Height: 0.6-1.2 m (2-4 ft)



**Bottle Gentian**  
*Gentiana andrewsii*

Bloom: August-October  
Full sun-Part sun  
Wet-Medium soil  
Height: 0.3-0.6 m (1-2 ft)



**False sunflower**  
*Heliopsis helianthoides*

Bloom: July-September  
Full sun-Part sun  
Medium-Dry soil  
Height: 0.9-1.5 m (3-5 ft)



**New England Aster**  
*Symphyotrichum novae-angliae*

Bloom: August-October  
Full sun-Part sun  
Wet-Medium soil  
Height: 0.3-1.8 m (1-6 ft)



**Stiff-leaved Goldenrod**  
*Solidago rigida*

Bloom: July-October  
Full sun  
Medium-Dry soil  
Height: 0.9-1.5 m (3-5 ft)



**Zigzag Goldenrod**  
*Solidago flexicaulis*

Bloom: August-October  
Part sun-Shade  
Medium-Dry soil  
Height: 0.6-1.2 m (2-4 ft)



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### Light Conditions

- Full sun:  $\geq 6$  h direct sun
- Part sun: 4-6 h direct sun, including afternoon sun
- Part shade: 4-6 h direct sun, mostly before midday
- Full shade:  $< 4$  h direct sun

### Height

- Low:  $< 0.5$  m (1.6 ft)
- Med: 0.5-1.5 m (1.6-4.9 ft)
- Tall:  $> 1.5$  m (4.9 ft)

### Moisture

- Wet soil
- Medium soil
- Dry soil

Note: heights and growing conditions are meant to be approximate guidelines